



ChildLine Junior Triathlon

Sunday 6th July 2008

Army Foundation College, Penny Pot Lane, Harrogate HG3 2SE
For Boys and Girls, 8 - 16 years

CATEGORY	AGE	SWIM	CYCLE	RUN
Tristar Start	8 years	50m	1000m	600m
Tristar 1	9/10	100m	2000m	1200m
Tristar 2	11/12	150m	4000m	1800m
Tristar 3	13/14	300m	6000m	2400m
Youth	15/16	400m	8000m	3000m

Age is as on 31st December 2008

The swim is in an indoor, heated 25m pool, with wave starts and 10 second gaps between swimmers in each lane. The cycle ride is on a tarmac surface (1 km laps), with the run on a separate tarmac surface (600m laps). Trophies will be awarded to the first three boys and girls in each category, with prizes for local athletes, and souvenirs to all finishers, as well as spot prizes. The event will be run under the British Triathlon rules (sanctioning applied for); cycle helmets must be worn.

Part of the Yorkshire and Humberside Region Junior Series (see www.yorksandhumbertri.org.uk)

Closing date for entries is Sunday 15th June, or when the race category is full (no exceptions!) Whilst not compulsory, it is expected that entrants will seek sponsorship for the 'ChildLine' charity. Sponsorship forms will be sent on receipt of entry form.

Please send the form below and the **entry fee of £10 (£9 BTA members)** to:
 'ChildLine Tri', 4 Coppice Drive, Harrogate, North Yorkshire HG1 2JE.

NOTE : Cheques **MUST** be payable to 'Harrogate Triathlon' with athlete's name on rear.

(British Triathlon Members who do not show their membership card on the day will not qualify for £1 discount)

Provide email address to receive joining instructions and results electronically - please ensure the email address is legible. (Alternatively, please enclose two stamped addressed envelopes). Race information will be sent out before the event. Any enquiries: Tel : 07810 861562 Email : gary.sroberts@btinternet.com

ENTRY FORM

Name _____ Address _____

Post Code _____

Tel No _____ Email _____

Boy / girl _____ Age (on 31/12/08) _____ Club (if any) _____

BTA No (if any) _____ 100m swim time _____

Declaration of Parent / Guardian: I accept that the organisation can in no way be held responsible for any injury or loss however caused, and that my child, in taking part in the event, is fully aware of the risks involved and the degree of fitness required. I am aware that my child's cycle must be in a roadworthy condition and checked immediately before the event and that the wearing of an approved cycle helmet is mandatory. I agree that I and my child will abide by the rules of British Triathlon. I or another responsible adult will accompany my child at the event. I consent for these details to be held on computer for the purposes of race organisation, results, notification of future races and *in the event that my son/daughter qualifies to represent the Region in the National Championships to provide these details to the British Triathlon Association. The details may not be provided to any other organisation or used for any other purpose.

* I will / will not be available to assist in marshalling at the event. **Delete as appropriate*

SIGNED _____ DATE _____